

# Annual Report

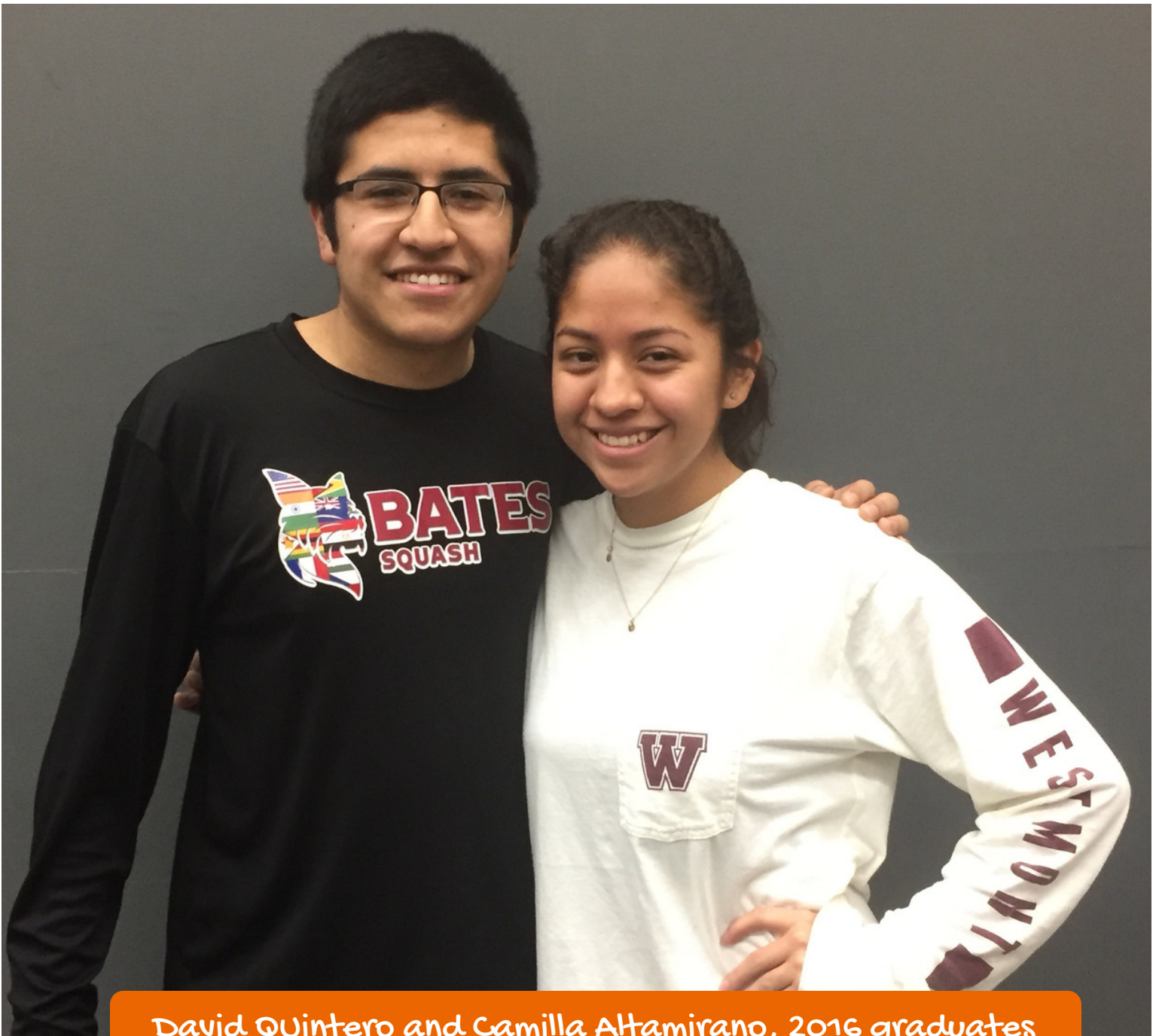


SINCE 2006  
SBSOS.org

"Helping students  
succeed in life through  
squash and education"

**FY2016**

Sept 1, 2015 - Aug 31, 2016



David Quintero and Camilla Altamirano, 2016 graduates

# SBSOS

## FROM THE BOARD

Changing lives! Exploding young minds! "An inch wide and a mile deep". These are our mantras. The Santa Barbara School of Squash (SBSOS) is intense and demanding. Students and parents are under contract. Attendance, concentration, effort, and caring for each other are required. We are opening up the world to students whose parents do not have the financial means to do it for them. That is the only criteria for acceptance, but once under contract the students must take advantage. And thanks to you our donors, dedicated volunteers, and our underpaid staff, we are on mission.

We are particularly indebted to Vicki Slater Holgate, our retiring academic director who established a demanding curriculum, which continually pushed our students. She expected a lot and her students responded. She was in constant contact with the schools and was thus able to design individual lesson plans. In many cases she was able to design and arrange for one on one tutoring sessions for students who needed specific help and encouragement. We will miss her dearly. Fortunately we had a number of excellent candidates apply for her position and have hired Danielle Rogers as her replacement. Danielle has several Advanced degrees, speaks five languages, and eventually wants to become a legal defense attorney.

There are three major differences between SBSOS and the many other youth, enrichment, and athletic programs offered in Santa Barbara; criteria for enrollment, significantly more one-on-one attention, and the sport of squash. Besides good physical fitness and stamina, mental acuity, and good hand-eye coordination, squash builds character. Forbes magazine considers it 'the most perfect sport'. I think of it as physical chess. After a player finishes their match in a sanctioned tournament, it becomes their responsibility to referee the next match on court. This demands good judgment, equanimity, and control. Sportsmanship, courtesy, and a sense of fair play are byproducts and acquired traits. It is a great and demanding game and we are proud to have it as one of the pillars of our program.

It has been my pleasure to serve on the board with John Stegall, Jacqueline Duran, and Arthur Munoz. These men and women have been strong advocates and dedicated volunteers and we thank them for their service as they now take on other service and professional opportunities. They will be missed.

Last but by no means least, thank you to our donors. Spread the word. Encourage others. Let them know just what your investment in our program has provided.

*Terry Eagle*

**Chairman of the Board**



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National Urban Squash &  
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### Key Volunteer Staff

Dennis Marable, *Squash Instructor*  
David Farber, *Lead One-on-One Tutor*  
Koji Tanaka, *Fitness Instructor/Mentor*



# Introduction

SBSOS is a home away from home. By combining academics, squash, community service, and enrichment we have created a beautiful program attracting students from all over the Santa Barbara area. SBSOS provides the academic, educational, and squash resources for students to pursue dreams in both education and squash passionately that they would have otherwise had a difficult time achieving. Students who are the first to graduate high-school in their families are now being offered huge scholarships to private universities (as well as middle and high schools), and also professional internship opportunities. Together we have changed the course of their lives. This is why we exist—to positively impact lives and provide hope for families who would have been on a very different trajectory. SBSOS seeks to provide students with the opportunities and resources to achieve goals, dream big, and change the world. Thank you so much for being a part of our community and recognizing that one of the greatest forms of true joy is caring for others.

## 2015 - 2016 NUMBERS

**48** STUDENTS DURING THE 2015-2016 PROGRAM YEAR (INCLUDING SUMMER PARTICIPANTS)

**38** STUDENTS WERE SERVED ALL YEAR (INCLUDING COLLEGE)

**33** STUDENTS RETURNED FROM THE PRIOR YEAR

SBSOS HAD AN EQUAL GENDER BALANCE ( **19** GIRLS / **19** BOYS DURING THE SCHOOL-YEAR)

**100%** OF OUR STUDENTS ARE LATINO

99,183 CHILDREN LIVE IN SANTA BARBARA COUNTY \*

**21%** OF CHILDREN LIVE IN POVERTY IN SANTA BARBARA \*

**54%** OF FAMILIES CAN'T AFFORD BASIC LIVING EXPENSES IN SANTA BARBARA \*



# Academics

It was an incredibly successful year in regards to academics. Santa Barbara School of Squash students came from 14 public and private schools in 2015-2016. Students received at least three hours of academic support a week from SBSOS. This year there were over ten career presentations, over 100 hours of 1:1 tutoring, and multiple scholarship offers from different universities for graduating SBSOS students.

## Schools

- |                              |                              |
|------------------------------|------------------------------|
| Adams Elementary             | La Cumbre Junior High School |
| Brandon Elementary           | Santa Barbara Junior High    |
| McKinley Elementary          | Dos Pueblos High School      |
| Monroe Elementary            | San Marcos High School       |
| Roosevelt Elementary         | Santa Barbara High School    |
| Summerland Elementary School | Laguna Blanca                |
| Washington Elementary School | Garden Street Academy        |
| La Colina Junior High School | Crane Country Day            |

**100%**

OF OUR STUDENTS WHO HAVE GRADUATED HIGH SCHOOL WHILE IN THE PROGRAM HAVE GONE ON TO COLLEGE

**33%**

OF OUR STUDENTS RECEIVED SUBSTANDARD GRADES (D'S AND F'S). ALL OF THEM RECEIVED ONE-ON-ONE TUTORING TO ADDRESS THE AREA OF DIFFICULTY

**25%**

OF SBSOS STUDENTS HAVE BEEN ADMITTED TO INDEPENDENT SCHOOLS THANKS TO OUR SBSOS PROGRAM

**100%**

OF STUDENTS STATED THAT THEY PLAN TO ATTEND COLLEGE OR VOCATIONAL SCHOOL AFTER HIGH SCHOOL



## Academic Enrichment

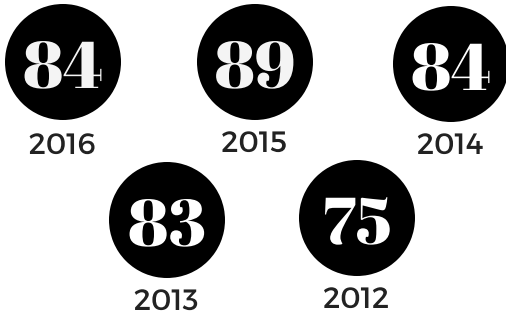
- RECYCLING PRESENTATION
- TOUR OF KOJI TANAKA ART STUDIO
- TOBACCO AWARENESS PRESENTATION
- KEY CLASS
- NUTRITION PRESENTATION
- JAZZ PRESENTATION
- LIBRARY PRESENTATION
- TOUR OF INTOUCH HEALTH ROBOTICS
- LIFE STORY OF A CHILD SOLDIER
- BOB FRANCOME TOASTMASTERS TALK
- COLLEGE TALK WITH BRIANNA MUNOZ
- RALPHS GROCERY TOUR

Part of SBSOS academics is cultivating core values of effort, positive attitude, and commitment. The Key Class is an excellent avenue of encouraging such values.

## Academic Enrichment

In addition to daily homework help, SBSOS had discussions on (but not limited to) college readiness, how taxes work, and manners in and out of the work place. They also participated in academic field trips such as college tours, a tour of InTouch Health Corporation, a tour of Koji Tanaka's art warehouse and more.

## Retention Rate (%)



## Volunteers & Tutors

SBSOS could not function without our incredible volunteer tutors and we would love to take this moment to recognize our MVT-Most Valuable Tutor of the year: David Farber!

David has been working with Santa Barbara School of Squash since its inception in 2006. He has a bachelor's degree in Mathematics from the University of California, Santa Cruz, as well as a California teaching credential in Mathematics. David loves working with the SBSOS kids in helping them through their academic lives, and watching them grow through the years and ultimately attend college



David Farber  
MVT of the  
year

## SBSOS CLASS OF 2016

SBSOS is happy to announce two graduating seniors of 2016, Camilla Altamirano and David Quintero. Camilla has been in SBSOS for 7 years and David for 8. They both attended San Marcos High School. They both received academic scholarships upon graduation for college. Camilla is now attending Westmont College in Santa Barbara, CA. She is featured in our promotional video on youtube (search SBSOS). David is now attending Bates College in Lewiston, Maine. We are so proud of them both and receive quarterly updates on how amazing college is for them from our college liaison - Daisy Altamirano (Berkeley class of 2019).

### College Students

<b>Bates College</b>	David Quintero, 2020
<b>Westmont College</b>	Camilla Altamirano, 2020
<b>University of California, Berkeley</b>	Daisy Altamirano, 2019
<b>Santa Barbara City College</b>	Miguel Nava, 2019
<b>Santa Barbara City College</b>	Brian Miguel, 2017
<b>Santa Barbara City College</b>	Vladimir Claudio, 2018
<b>University of Colorado, Boulder</b>	Eric Cervantes, 2018



"I have been a part of Santa Barbara School of Squash for eight years now and as I look back it has been the best decision I have ever made. This program has increased opportunities and resources for me and other students in my community. I have been able to travel around the country playing tournaments, and have had opportunities to meet and become close friends with people from all around the country. Through SBSOS, I've met with government officials, artists, computer programmers, CEO's of different companies and I've gotten the chance to explore these careers. This program has opened my eyes to show me that the sky's the limit. It has made me passionate about accomplishing the goal of higher education."

-David Quintero '2016

# Squash



SBSOS STUDENTS SPENT **4,050** HOURS PLAYING SQUASH

- 19 SBSOS STUDENTS WERE ON THE TRAVEL TEAM AND PLAYED IN **9** SQUASH TOURNAMENTS INCLUDING BUT NOT LIMITED TO: SAN FRANCISCO, SAN DIEGO, REDWOOD CITY AND ARROYO SECO.
- 2 STUDENTS TRAVELED **outside** CALIFORNIA TO PLAY SQUASH TOURNAMENTS IN BOSTON AND OTHER EAST COAST LOCATIONS.
- 2 STUDENTS WERE RANKED IN THE **TOP 100** IN THEIR AGE GROUP NATIONALLY
- 2 STUDENTS ATTENDED THE STANFORD SQUASH SQUADS
- 12 STUDENTS PARTICIPATED IN THE SOCAL HIGH SCHOOL LEAGUE, WHICH THE **Team A won** REPRESENTING SANTA BARBARA!

It is here that we would like to take the time to recognize our MVVC, Most Valuable Volunteer Coach, Dennis Marable. As a player Dennis achieved a highest world ranking of 169, was a semifinalist in the 1986 British Open 35+, won the US Nationals 35+ five times and the US Nationals 45+ once. He is also a certified referee.

Dennis has been a valuable asset to the SBSOS squash program since 2012, claiming "I have taken a lot from this sport that I love to play and teach, and I am so pleased to have the time to give back to these kids"



Dennis Marable  
MVVC of the year



*"SBSOS has taken me to places that I have never been able to go. We have gone to many squash tournaments, events, and just fun things I would have never thought of doing."*

Diego Velazquez  
6th Grade, Country Day School

## Fitness and Health

Fitness and Health are very important for SBSOS students. We have had multiple health practitioners and coaches speak to the students this year. We incorporate fitness drills weekly and stress the importance of daily movement and daily nutrition. We are so thankful for fitness volunteers (such as Koji Tanaka and George Witter) who come and demonstrate useful drills and exercises for our students to live a healthier lifestyle. We also continue to incorporate the Beep Test to track their fitness progress.



SBSOS strives to provide the best squash programming possible. Students receive over 3 hours of squash coaching a week. We are so proud of our students squash achievements this year. They attended 9 tournaments and 2 overnight squash events. We also had a fabulous year-end staff versus student squash tournament in which Robert beat Zaira with a frying pan!

*"Squash has had a profound effect on me. It has taught me self-discipline and reliance, how to maintain a positive attitude under pressure, and how to believe in myself. Most importantly it taught me to perform to the best of my ability at everything. This sport has opened a gateway to success for me."*

David Quintero  
Class of 2016, SMHS



# Community Service



Community Service is an important aspect of SBSOS. Teaching students to care about others and not think about their own desires/needs/wants for a moment is key to a fulfilling and joyous life. To know that we can make a positive difference in the world and experience the reality of this gives inner purpose and satisfaction. Our students participated in 385 collective of hours of community service in more than 21 opportunities this year with Jimena Lopez leading the way with a whopping 31 hours! We are so happy to impart the core value of caring for others into our students and are thankful for the other organizations we partner with to serve.



**SBSOS STUDENTS ATTENDED MORE THAN 21 COMMUNITY SERVICE ACTIVITIES IN THE 2015-2016 PROGRAMMING YEAR**

**26%** STUDENTS HAD MORE THAN 15 HOURS FOR THE PROGRAMMING YEAR

**385** HOURS IS THE TOTAL HOURS PERFORMED BY STUDENTS THIS YEAR

**JIMENA LOPEZ LED THE WAY SERVING MORE THAN 31 HOURS IN THE 2015-2016 PROGRAMMING YEAR**



## Community Service Activities

Rescue Mission feed the hungry  
Beach Clean-Up with ChannelKeeper  
Triathlon volunteers  
Backyard Bounty Harvest  
Ayers Auto Service Project

Day of Caring  
SB Heart Walk  
Kiwanis BBQ  
Open Streets Wild 5K



# Summer Program

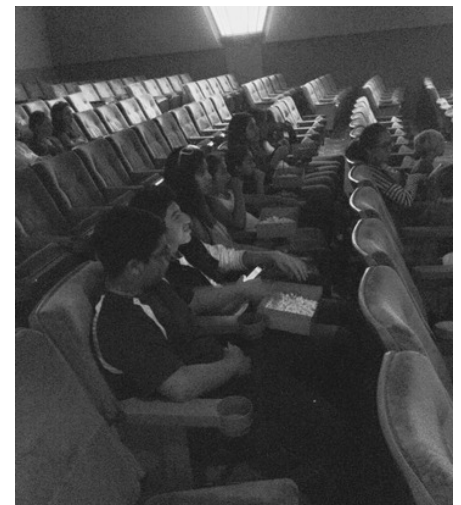
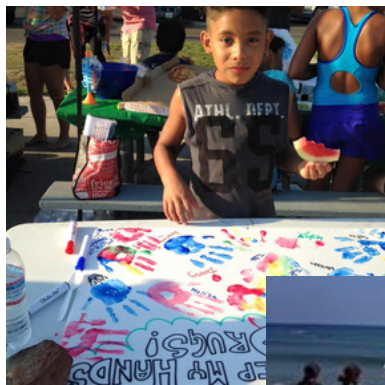


SBSOS had a fantastic summer in 2016. As well as 9 hours a week of squash and educational programming for 10 weeks we also had many other activities including a fun trip on the ChannelKeeper boat where the kids were able to see what it looks like below sea level when a diver went below with a video camera. Then they were able to observe the different animals that live in the seaweed.

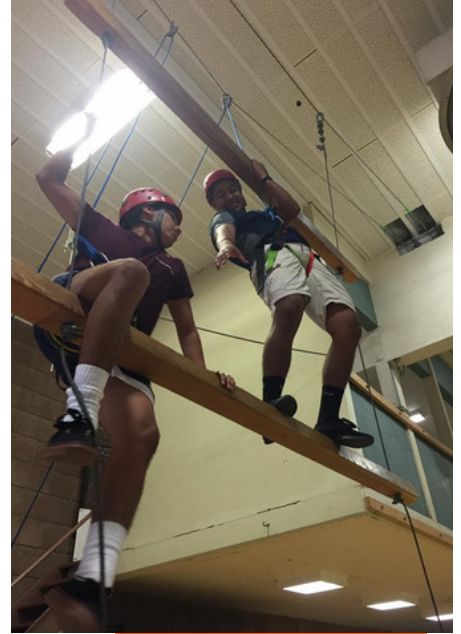


## Activities

- Channel Islands Boat Trip
- Summer Movie Series
- Surf Day with LoveWater
- Big Brother/Sister Beach Day



# Enrichment



To create a well-rounded program there must be some fun! SBSOS strives to have an incredible program balanced between working hard and having fun. This year we had the privilege to go on more than twenty outings (both Academic and Enriching). The Santa Barbara community has been marvelously supportive in providing free or reduced opportunities for our students to laugh, learn, and reach for the stars. We have felt so blessed to be able to take students to elite events such as the Santa Barbara Symphony, the Nutcracker Ballet, a concert at the Santa Barbara Bowl, and so much more!

## Activities

- Marine Science Tour
- Nutcracker
- Carli Loyd @ Arlington
- Dia De Los Muertos Celebration
- SB Revels
- SB Athletic Round Table
- Magic Show @ Lobero
- Symphony @ Granada
- Pentatonix @ SB Bowl
- Lecrae @ Westmont
- Ropes Course @ UCSB
- End of Year Party @ Cloud 10
- Hike



# Donors

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Thank you to our donors! SBSOS proudly recognizes your generosity.



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- Designating SBSOS as a beneficiary of your retirement or pension plan
- Designate SBSOS as a beneficiary of your life insurance policy

Santa Barbara  
  
 SCHOOL of SQUASH

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"Helping students succeed in life through squash and education"

