

Annual Report

FY2017

Sept 1, 2016- - Aug 31, 2017



SBSOS.org
"Helping students succeed in
life through squash and
education"



Zaira Paredes, 2017 graduate

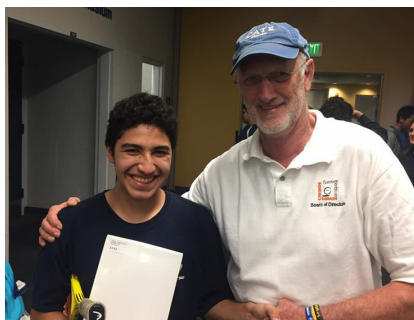
How do you measure success? Are we changing lives and exploding young minds? What makes us different from the numerous other successful educational nonprofits in Santa Barbara? What is happening on a national level? Where do we fit in? By the numbers:

- 100% high school graduation rate for our students (all first in their families to earn a high school diploma)
- 100% college acceptance for our graduates
- 8 college students still get our support and counsel
- a 2016 graduate is playing college squash (first ever for our program)
- \$1.5 million financial aid awarded to SBSOS students from colleges and local independent schools
- 500+ hours of one-on-one academic tutoring and a 4:1 ratio in group sessions
- partnerships with the SB YMCA, Swell Santa Barbara Athletic Club, Westside Neighborhood Center, and four local independent schools – Cate, Laguna Blanca, Garden Street Academy, and Crane
- we are the only program of the 22 NUSEA (our parent organization) programs nationally and internationally from a city with a population less than 150,000
- 30 enrolled students grades 4-12 from 15 different schools from Goleta to Carpinteria

Be proud Santa Barbara and SBSOS! We are keeping up with the big boys in New York, Chicago, and Boston, all the time with the highest number of nonprofits per person anywhere in the country.

The Santa Barbara School of Squash is on mission...changing lives through squash and education.

Thank you one and all for your good thoughts and support. Keep up the good work! Your investment in SBSOS is paying huge dividends for underserved youth in Santa Barbara.



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Chairman of the Board

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SWELL Santa Barbara Athletic Club
Westside Neighborhood Center
Santa Barbara YMCA
United Taxi Service
Santa Barbara Foodbank
Accountability Plus

Parent Organization

National Urban Squash & Education Association (NUSEA)

Key Volunteer Staff

Dennis Marable, *Squash Instructor*
David Farber, *Lead One-on-One Tutor*
Koji Tanaka, *Fitness Instructor/Mentor*



Introduction

SBSOS values each student on a deep level. Our students are not a number, a statistic, nor overlooked. They are provided with resources that their peers may not ever have access to. Some of our students have traveled to east coast states for educational purposes and squash competitions. Some have had the privilege of traveling to other countries because of SBSOS! Some have received up to 95% scholarships to private schools because of SBSOS. All in all, SBSOS takes great pride in having a meaningful relationship with each student and striving to provide the best support possible in areas of need.

2016 - 2017 NUMBERS

40 STUDENTS DURING THE 2016-2017 PROGRAM YEAR (INCLUDING 6 SUMMER PARTICIPANTS)

38 STUDENTS WERE SERVED ALL YEAR (INCLUDING COLLEGE)

30 STUDENTS RETURNED FROM THE PRIOR YEAR

22 GIRLS AND **18** BOYS

100% OF OUR STUDENTS QUALIFY FOR THE FEDERAL FREE LUNCH PROGRAM

99,183 CHILDREN UNDER 17 LIVE IN SANTA BARBARA COUNTY *

25% OF CHILDREN LIVE IN POVERTY IN SANTA BARBARA *

60% OF CHILDREN IN SANTA BARBARA QUALIFY FOR THE FEDERAL FREE LUNCH PROGRAM *

*kidsdata.org



Academics

SBSOS is not necessarily trying to create world-class squash players (that's a bonus if we do!) - we are most concerned with our students' success in school: successful high-school graduation as well as college acceptance and/or an alternative career path. Considering such, we strive to provide our students with multiple career presentations, enriching talks, and academic field-trips to expand their horizons of what is possible for them to do in life.

This year we had well over 100 hours of one-on-one tutoring served, scholarship offers from multiple colleges for our one graduating senior, and many academically enriching trips.

We had career presentations from a fireman, policeman, nurse, surgeon, yoga instructor, DJ, and more. We had discussions on drugs, relationships, manners, taxes, college, future, and much more. We also had a time of student feedback, seeking to truly learn what the students want to be in the future and how they will accomplish their goals. Having a goal is important, but having realistic steps to complete the goal is priceless.



Schools

ELEMENTARY SCHOOLS

Cleveland Elementary
 Monroe Elementary
 Roosevelt Elementary
 Franklin Elementary
 Summerland Elementary School
 Washington Elementary School

HIGH SCHOOLS

Dos Pueblos High School
 San Marcos High School
 Santa Barbara High School

INDEPENDENT SCHOOLS

Laguna Blanca
 Garden Street Academy
 Crane Country Day
 Notre Dame
 Santa Theresa

JR HIGH SCHOOLS

La Cumbre Jr High
 Santa Barbara Jr High



Academic Director
 Hannah Vidmar

Academic Enrichment

- Policeman Noel Rivas Presentation*
- Brianna Munoz-Flores College Conversation*
- UCSB College Tour*
- SB Scholarship Foundation Presentation*
- Tax Talk with Diane Ravenscroft*
- Drug Free Presentation with Ivan Luna*
- DJ Ethan Davis Presentation*
- UCLA Tour*
- Fireman Presentation*
- Mindfulness Presentation Gloria Kaye*
- Cate School Tour*
- Chef Internship*

SBSOS CLASS OF 2017 Zaira Paredes



Zaira received the Kiwanis Leadership Award

Zaira is a first generation college student as well as the first in her family to be offered and accept a scholarship to a private high-school. She has incredible work-ethic and character. Upon acceptance into SBSOS, Zaira showed excellent attitude, effort, and commitment to the program. She showed up on time and ready to learn. She worked hard in both academics and squash. Zaira triumphed against the odds and completed AP and honors courses. Zaira continued to amaze us in her dedication to SBSOS. In addition to her required hours, she showed up early on Saturdays and stayed late on Wednesdays. She scheduled extra tutoring sessions for herself when possible and volunteered at the younger teams' sessions to help. SBSOS requires students to have 15 hours of community service hours a year. As of our year end party, Zaira had completed nearly 50! Zaira is now attending the University of Southern California in Los Angeles. We couldn't be more proud of this amazing young woman!



College Students

University of Southern CA

-Zaira Paredes 2021

Bates College

-David Quintero 2020

Westmont College

-Camilla Altamirano 2020

UC Berkeley

-Daisy Altamirano 2019

University of Colorado, Boulder

-Eric Cervantes 2018

"I've been in this program for about four years and a half and I've loved every bit of it...everything the SBSOS staff and volunteers do is because they want to help you. Coaches will push you to be the best squash player you can be. The teachers and tutors will encourage you to become the best scholar you can be. One thing I've loved about SBSOS is that they will always be there to help you out [and] support you." -Zaira Paredes



Volunteers & Tutors

SBSOS is extremely thankful for all our incredible volunteers! Here are a few in action:



(left) Sue Burk generously gives her time and resources to send care packages to SBSOS college students



< David Farber has been working with Santa Barbara School of Squash since its inception in 2006. He has a bachelor's degree in Mathematics from the University of California, Santa Cruz, as well as a California teaching credential in Mathematics. David loves working with the SBSOS kids helping them through their academic lives, and watching them grow through the years and ultimately attend college.

Squash

Miguel Nava is our talented squash coach. He went through the program at SBSOS for seven years and his level of squash upon graduation was incredible. It is so great to have him as our part-time squash coach imparting the skills he learned into our students now. He had the opportunity to travel with Sebastian Paredes to the University of Virginia to oversee five NUSEA students playing in a Gold tournament and teach for three days at an exclusive squash camp.



Squash Coach Miguel Nava

SBSOS STUDENTS SPENT **4,000+** HOURS PLAYING SQUASH

19 SBSOS STUDENTS WERE ON THE TRAVEL TEAM AND PLAYED IN **9** SQUASH TOURNAMENTS INCLUDING BUT NOT LIMITED TO: SAN FRANCISCO, SAN DIEGO, REDWOOD CITY AND ARROYO SECO.

2 STUDENTS TRAVELED **outside** CALIFORNIA TO PLAY SQUASH TOURNAMENTS IN BOSTON AND OTHER EAST COAST LOCATIONS.

1 STUDENT RANKED IN THE **TOP 100** IN THEIR AGE GROUP NATIONALLY

1 STUDENT ATTENDED THE UVA SQUASH SQUAD

12 STUDENTS PARTICIPATED IN THE SOCAL HIGH SCHOOL LEAGUE, WHICH THE TEAM A WON REPRESENTING SANTA BARBARA!

This summer we were privileged to have Daniel Reisman (Squash team captain at Connecticut College) intern for us and he focused on squash and fitness. He even met with a small group of our older students outside of program hours and taught group fitness training classes!



"SBSOS has changed my life letting me be part of a team filled with great people. It has taught me how to be part of something bigger than me. It has also made me unique, because of the so-called vegetable sport!"

-Daniela Elias Grade 8

Summer Intern Daniel Reisman

Dennis
Marable
Volunteer
Coach



Squash Cont.

We are forever grateful for Dennis Marable who gives his time and effort to our older students three days a week and is dedicated to their squash success. He cares about each student and enjoys getting to know them on a personal level as well. His squash achievements as both a player and coach are impressive and we are honored that he chooses our students to volunteer his time with.



SBSOS students Sebastian and Zaira were able to compete with SBAC team in the SoCal High-School League and won!

Fitness and Health

Fitness and Health are very important for SBSOS students. We have had multiple health practitioners and coaches speak to the students this year. We incorporate fitness drills weekly and stress the importance of daily movement and daily nutrition. We are so thankful for fitness volunteers (such as Koji Tanaka and George Witter) who come and demonstrate useful drills and exercises for our students to live a healthier lifestyle. We also continue to incorporate the Beep Test to track their fitness progress.



Enrichment



At SBSOS we love to provide as many enrichment opportunities as possible. We are a 'home away from home' as many students have said and being such, there must be some fun! This year we visited many wonderful places in the Santa Barbara community and attended multiple events because of community partners and donors. It is an absolute delight to watch our students bond together and share joyful experiences. These relationships will last for many years for these students and it is so important to have a safe place to be able to have a lot of good, clean, fun!

Fun in the Community

- Cloud 10 Jump Club
- Baila Folklorica @ SBJH
- Ice Skating @ Ice in Paradise
- Christmas Lights Caravan
- Nutcracker @ Granada
- Christmas Party Potluck
- SBSOS Zoo Day
- SB Natural History Museum
- Movie Day
- Pickleball
- Salsa Dance Lesson
- Kiwanis BBQ
- SB Rockclimbing Gym
- Pool Party
- Channelkeeper Boat Trip
- Surf Day with Lovewater
- Burk Ranch
- Moxi Museum
- Jack Johnson @SB Bowl
- SB Maritime Museum
- UCSB Ropes Course
- Yoga



Community Service



In a world where people are often self-absorbed, we strive to teach our students at SBSOS to get outside this norm and give back. We are so impressed with our students' attendance at community service events and are proud to say they actually enjoy them. From wrapping gifts for the homeless to cleaning the neighborhoods our students serve with a smile on their faces. They have changed lives all throughout Santa Barbara and yet the best part is that their lives are being changed while serving and gaining a heart to care about others.



SBSOS STUDENTS ATTENDED MORE THAN 20 COMMUNITY SERVICE ACTIVITIES IN THE 2016-2017 PROGRAMMING YEAR

40% STUDENTS HAD MORE THAN 15 HOURS SERVED

379 TOTAL COMBINED HOURS SERVED BY STUDENTS THIS YEAR

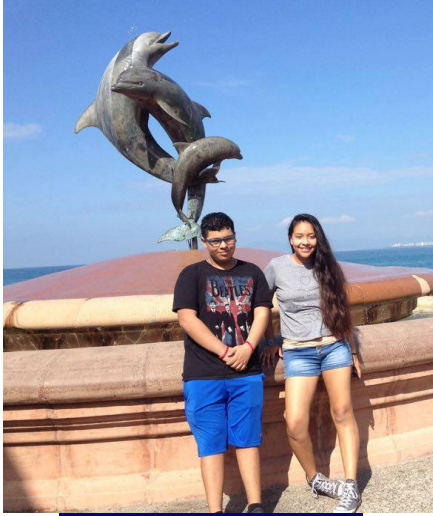
ZAIRA PAREDES LED THE WAY WITH MORE THAN 45 HOURS IN THE SCHOOL YEAR

Community Service Activities

*Clockwise from top left:
Little League with Children with Special Needs
Distributing lunch for the Special Olympics
Day of Caring
Cooking for Path*

*Not Pictured:
Rescue Mission
Channel-Keeper Beach Clean up
Triathlon
What is Love
Crafts with the Elderly*

Puerto Vallarta with Sister Cities



Two students from Santa Barbara School of Squash, Patty Claudio and Ricardo Mata, along with their Program Director Rebecca Walsh, had the incredible privilege of traveling to Puerto Vallarta, Mexico, with the philanthropic group, SB Sister Cities Committee in December. They had the experience of a lifetime staying in a host home of the President of the Ciudades Hermanas de Puerto Vallarta (Sister Cities Puerto Vallarta) chapter. They partnered with Ulama Squash Club where they played against the students of Puerto Vallarta including the number one in Mexico in her division of U-15. They had the privilege of attending the opening of a medical clinic sponsored by the SB Committee, going on a pilgrimage to the cathedral, experiencing folkloric dancing, visiting the jungle, experiencing what it is like to be a squash player in the gorgeous city of Puerto Vallarta, and so much more! Their lives are forever impacted by this wonderful trip and they are extremely grateful to the SB Sister Cities Committee.



"I had an amazing time traveling and hanging out with the people in Puerto Vallarta, especially Vallarta squash"

-Ricky, 10th Grade

Burk Ranch in Central California



Team A had an amazing 3 days at Burk Ranch in the hills of Central California near Tehachapi. This was their all-time favorite part of summer with SBSOS and they are extremely thankful to John and Sue Burk (Board Member and volunteer respectively) for their hospitality. At Burk Ranch students learned to fish, swam in the lake and pool, fed cows, learned to sew and/or work with wood, made leather belts, helped cook and clean together, and had a ton of fun. It was heart-warming to see them bond with one another while having new experiences. They are absolutely ecstatic that they were able to go and keep asking if it will happen again!



"I really enjoyed this trip because it consisted of learning new things everyday. I also learned so much about myself."

~Patty Claudio, 9th grade

Summer Program



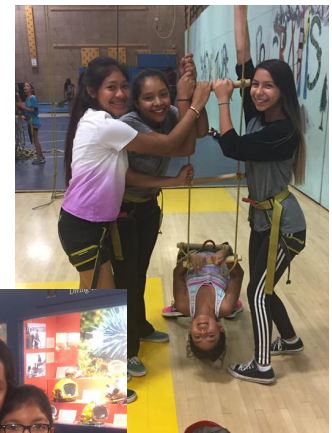
Summer with SBSOS was packed with excitement, growth, and bonding. Students had enriching classes on relationships, manners, mindfulness and more. They learned in depth about how to respectfully address and converse with adults, how to approach and maintain relationships in a healthy manner, and so much more. Students also were able to go on more than eleven outings in eight weeks! They worked hard on their squash game with three hours of squash practice a week and older students did extra morning fitness routines. Many students said this was the best summer SBSOS has ever had!

Fun Activities

- SB ROCK GYM
- CITY SQUASH POOL PARTY
- CHANNEL KEEPER BOAT TRIP
- SURF DAY WITH LOVEWATER
- BURK RANCH
- MOXI MUSEUM
- JACK JOHNSON @SB BOWL
- ZOO DAY
- UCSB ROPES COURSE
- CLOUD 10

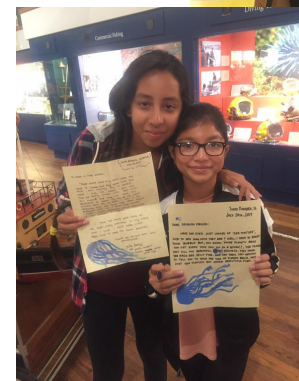
Presentations

- JEREMY SCHWEITZER SURGEON
- MARITIME ART LESSON
- KEY CLASS WITH JOHN DALEY
- REALITY CHECK RELATIONSHIP CLASS
- YOGA AND MINDFULNESS



Summer Community Service

- SBAC PARTY
- SB TRIATHLON
- (see page 8 for more community service)



SBSOS Year End Awards

Every year SBSOS awards students and volunteers for their amazing performance during the year. It is a big gesture to show our appreciation and recognition of their efforts. We are really happy that we have such wonderful students and volunteers! Without them SBSOS would not be what it is.



Students received a medal for completing 15 hours of Community Service!



Angela Lopez
Team A Most Improved



Daniela Elias
Team B Most Improved



Jade Silva
Team B MVP



Brian Shafritz
Valuable Volunteer



Zaira Paredes
Team A MVP

Donors

HONOR ROLL OF CUMULATIVE GIVING 2006-2017

Thank you to our donors! SBSOS proudly recognizes your generosity.

*All donations listed through August 31, 2017



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"Helping students succeed in life through squash and education"

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[Facebook/SantaBarbaraSchoolofSquash](https://www.facebook.com/SantaBarbaraSchoolofSquash)

WWW.SBSOS.ORG

If you remember SBSOS in your will or revocable trust,
you will leave a legacy that will continue our work far
into the future.

You can include us in your estate plans by:

- Including SBSOS in your will or living trust
- Designating SBSOS as a beneficiary of your retirement or pension plan
- Designate SBSOS as a beneficiary of your life insurance policy